

## Be Active in Early Years Grant

### Background

The Health Improvement Commission for Guernsey and Alderney LBG has prioritised supporting the Bailiwick of Guernsey's early years centres to support young people to be active.

In 2019 we developed and piloted the Be Active in Early Years Training programme, a two-day training programme for Early Years staff, followed by one-to-one support to find practical changes that could be made within settings to help young people become more active. The programme was well received and settings demonstrated an enthusiasm and commitment for putting activity at the heart of their provision.

To enhance the Be Active in Early Years Training programme, The Commission have added a grant, up to £750 per centre, to help centres to translate the knowledge developed in the training into practice and enhance opportunities for young children to be more active and less sedentary.

We want the funding to help you include more high-quality physical activity on a daily basis within your provision that can be sustained, so that more children can meet physical activity guidelines for under 5s.

The application process is straightforward. To be eligible for the grant a member of staff must have completed the Be Active in Early Years Training. Include a link to the latest training session?

Settings which have successfully completed the Be Active Early Years Training can now apply for a Be Active Early Years Grant. Further information and the application form are below.

**Please see overleaf for Information on how to apply.**



## Information for Applicants

### *Who can apply?*

Early years centres that are registered with the States Early Years Team and have at least one member of staff who has completed The Commission's 'Be Active in Early Years' training course are eligible to apply.

### *What will we fund?*

We will consider funding equipment, facilities, or resources. A list of suggested ideas can be found on our website. Our most important criteria is that the grant will result in more children, being more active every day. The total amount of funding is limited, and applications will be considered on their merits, together with the States early Years team, until the funding is allocated. It will be the responsibility of the applicant to ensure the equipment meets health and safety and insurance requirements.

Organisations can apply for a maximum of £750

### The following are not eligible for funding:

- Activities that have already taken place or equipment that has already been purchased
- Activities promoting religious or political beliefs
- Activities, equipment or events that are one offs, that don't support the continued development or sustainability of everyday physical activity
- Catering and hospitality costs
- Endowments or loan repayments

### *How to apply*

The application form (downloadable from our website) must be completed which outlines:

- The funding request – with costs
- An explanation of how the grant will increase physical activity
- An explanation of how you will measure the impact of the grant
- Projects must evidence how they expect to sustain impact beyond the life of the funding.

The Commission's Be Active team are available to advise you on your applications – and what would be most effective for supporting physical activity.

Application forms can be completed electronically and should be emailed to:  
[alun.williams@healthimprovement.gg](mailto:alun.williams@healthimprovement.gg).

The deadline for this round of applications is Friday 3<sup>rd</sup> December 2021. All applications will go through a panel review and final decisions will be made by The Health Improvement Commission for Guernsey and Alderney.

### *Monitoring impact*

A condition of the funding will be the completion of a case study template approximately 6 months after the grant has been awarded.

